



SANDBANKS

Arambol Beach

FOOD MENU

Sandbanks : Bite By the Beach

Set amidst the chaos of the beaches, Sandbanks resonates the striking image of the dreamy waves kiss the shore of the surface, the waves bouncing and the sun glistening over the water. A trip to the sandy edge of the waves, overlooking the vast expanse of exceptional depth during a magical sunset, got me awe inspired and mystified. As I lay with a book in my hand, the idea of integrating my life-long passion for food with the incredibly unique, mysterious and beautiful landscape got be consumed almost instantly. As I pondered, I heard the sound of the sea waves crash over the shore with such thundering buzz, as though personifying the sea as its own master. I articulated my thoughts, vague as they were, to my partners against the backdrop of the waves carelessly dripping over the sand, almost certain of being shunned down. Contrary, however, to my expectations, the trip to the sandy edge of the waves instilled a belief in the endless possibilities in each of them as well. It was in this moment that together we embarked on the journey to make this paradise our own. The philosophy, running like a common thread amongst us all, was simple – to make this a haven away from everyday stress, with exquisite food and beverage offerings, overlooking the seascape, at the core of it. The many obvious roadblocks, including those posed by the pandemic, did not come in the way of our endeavour to mirror the best of our experiences. We welcome you to indulge with us, enjoy the waves drench the sand and share your thoughts!

The Journey Begins

English Breakfast 250

Juice | 03 Egg to order | Chicken Sausage | Garlic Toast | Fries

Indian Breakfast 220

Fruit Lassi | Stuffed Parantha | Dahi | Pickle | Tea

Israeli Breakfast 300

Coffee Shake | 03 Egg to order | Israeli Salad | Hummus Pita | Tea

Fresh Juice All Day 200

Fresh Fruit Platter All Day 300

Lemon Honey Dressing | Ice Cream | Yoghurt

Soup

All Time Hit Tomato Basil 225

Tomato | Basil | Chilli Garlic Crouton

Cream of Mushroom 225

Mushroom | Spring Onion | Cream

Sweet Corn Soup 225 250

Veg / Chicken - Creamy Corn | Soya | Vegetables

Manchow Soup 225 250

Veg / Chicken - Vegetable | Soya | Spring Onion

SandBank Broth 250 300 350

Veg / Chicken / Seafood - A Broth

Salad

Watermelon, Apple & Mint 225

Classic Caesar Salad 225 275 325

Veg / Chicken / Bacon - Lettuce | Olive Oil | Cheese | Croutons

Greek Salad 225 275 325

Cucumber | Tomato | Bell pepper | Cocktail Onion | olives | Feta

Seafood Salad 350

Prawn / Mackerel / Calamari / Iceburg - Sandbank's speciality

The First Stop

Small / Large bites with chef's crafted sauce & more

Chilly Honey Potato 220

Crispy Potato | Chilli Sauce | Spring Onion

Spring Wrap 220 260

Veg / Non Veg - Rolled Pancake | Stuffed Vegetables | Deep Fried | Garlic Chilli Sauce

Pepper Cheese Corn 260

Crispy Corns | Chopped Vegetables | Tossed in Pepper Sauce

Dahi Kebab 300

Fresh Curd | Netmeg | Fried | Mint

Peri Peri Paneer / Chicken / Fish 350 450 550

Delicacy | Peri Pari Sauce | Salad

Drums of Heaven 400

Chicken | Soya Sauce | Green Chilli Sauce | Battered Fried

Fried Chicken Strips 400

Chicken | French Dressing | Fried

Cajun Spiced Chicken Steak 450

Butter tossed Vegetables | Hot Pepper Mushroom Sauce | Garlic Scented Potato Mash

Fish Finger 400

with Tartar Sauce & Fries

Fish 'n' Chips 450

Crumb Fried Fish | Tartare Sauce | Buttered Vegetables | Fries

Golden Fried Prawns 650

Marinated Prawns | Pepper | Spring Onion

Crispy Calamari 650

Calamari | Iranian Spice | Harissa Mayo

Mezze Platter Veg / Non Veg 400 500

Fried Spiced Patties | Chickpea batter | Hummus | Babaganoush | Pita)

Dimsum 300 350 400

Steam Veg / Chicken / Seafood

Indian Tales - From Charcoal

Karara Chicken Tikka 400

Chicken | Termariced Yoghurt Marinade | Tandoori Salad | Mint

Tangri Kebab 400

Chicken | Spicy Cream Merinate | Tandoori Salad | Mint

Chicken Malai Tikka 400

Chicken | Creamy Marinade | Coriander | Tandoori Salad | Mint

Seekh Kebab (Chicken) 400

Chicken minced | Spices | Tandoori Salad | Mint

Clay Oven Sarson Fish Tikka 500

Fish | Mustard & Chilli Marinates | Mint

Clay Oven Jhinga 700

Prawns | Mustard & Chilli Marinates | Tandoori Salad | Mint

Tandoori Shor Sharaba (Platter) 800

Assorted Meat | Tandoori Salad | Mint

Tandoori King Fish ASP

King Fish | Traditional Goan Sauce | Salad

Sunehri Paneer Tikka 340

Cottage Cheese | Saffron yoghurt | Tandoori Salad | Mint

Tandoori Mushroom 340

Button Mushroom | Cream | Coriander | Salad | Mint

Aloo Dilnaaz 300

Sesame Potato | Stuffed Dry Fruits | Salad | Mint

Tandoori Drama 600

Veg Platter: we want all i.e. combination of all

Sides

Raita (Mixed / Boondi / Pudina) 120

Green Salad 150

French Fries 150

Corn Nuggets 220

Loaded Nacho 220

The Destination - Curries

Butter Chicken 400

Barbequed Chicken | Tomato | Butter | Fenugreek | Cream

Kadhai Chicken 400

Chicken | Capsicum | Onion | Ginger | Coriander | Cream

Prawn Masala Curry 600

Prawn | Fenugreek | Tomatoes | Coriander

Matka Ha - Ha...Kaar 700

Chicken | Meat | Fish | Prawn | Cumin | Onion | Tomatoes | Coriander

Paneer Butter Masala 330

Cottage Cheese | Tomato | Onion | Butter | Cream

Kadhai Paneer 330

Cottage Cheese | Capsicum | Onion | Tomato | Ginger | Coriander | Cream

Matar Mushroom 350

Peas | Mushroom | Cashew Nuts Curry | Ginger | Coriander | Cream

Mausame Sabj Handi 300

Seasonal vegetables | Cashew Nuts Curry | Chillies | Ginger

Dal Makhani 250

Black Lentils | Butter | Tomatoes | Cream

Dal Pappu 250

Yellow Lentils | Cumin | Garlic | Green Chilli

Indian Bread & Staples

Tandoori Roti / Butter Tandoori Roti 25 35

Plain Naan 60

Butter / Garlic Naan 80 100

Pudina / Laccha Parantha 100

Stuffed Naan/ Parantha 120

Plain/Jeera Rice 160

Chicken Biryani with Raita 360

Vegetable Biryani with Raita 320

Pasta - Make your own

Spaghetti Napolitaine 350

Spaghetti | Green Bell Pepper | Olives | Tomato | Cheese

Spaghetti Alfredo (Veg. / Chicken) 350 450

Mushroom | Creamy Cheese Sauce

Basil Pesto Pasta (Veg. / Chicken) 350 450

Pasta | Pine nuts | Fresh Basil | Parmesan Cheese

Penne Arrabbiata (Veg. / Chicken) 350 450

Spicy Tomato Sauce | Parmesan Cheese

Barbeque (Veg. / Chicken) 350 450

Pasta | Cream | Barbeque Sauce

Spaghetti Carbonara 450

Caramelized bacon | Chicken | Onion | Egg | Parmesan

Ravioli with 350 350 450

Ricotta & Spinach | Mushroom | Seafood

Cannelloni with 350 350 450

Ricotta & Spinach | Mushroom | Seafood

Pizzeria - From the scratch

Farm Margherita (Veg. / Chicken) 350 450

Basil | Tomato | Mozzarella

California 350

Seasonal Vegetables | Olives | Cheese

Pizza Neapolitan 350

Green Bell Pepper | Olives | Tomato | Basil | Cheese

Texas Peri Peri Pizza (Cottage Cheese / Chicken) 350 450

Jalapenos | Onion | Basil | Mustard | Mozzarella

Hawaiian BBQ Chicken 400

Crispy Bacon | Grilled Chicken | Pineapple | Red Onion | Cheese

Bread 'n' Buns

CTC 280

All time favorite Chilli-Tomato-Cheese

Brushetta Delight Veg. / Chicken 250 300

Grilled Chicken 'n' Cheese S/wich 320

Club of Hearts - Veg. Club S/wich 300

Club of Spades - Non Veg. Club S/wich 350

Burger Side - Choice of rich sauce barbeque/mayo/mint mayo

Farmhouse Bum Burger 250

SandBanks Burger 350

House of Ming - Chinese Wok

Sauce Options - Chilli Garlic / Black Pepper / Manchurian - Option of Dry / Gravy

Paneer / Crispy Vegetables 300

Chicken / Fish / Prawn 400 500 650

Wok Noodles or Rice 275 350 375

Vegetable / Chicken / Seafood

Love You Goa - Goan Slot

Goan Fish Curry 450

A Goan specialty, Fish cooked with Goan spices & Coconut served with steamed Rice

Goan Prawn Curry 550

Traditional Goan curry flavored with Kokum & Coconut

SandBank Vegetable Delight 320

Whole Cashew nut | button Mushroom | Green Peas | Cooked in Coconut gravy

Sweet Tooth

Ice Cream Scoop Choice of Ice Cream 100

Banana Split 220

Sundae 220

Cheese Cake 300

Truffle with Vanilla Ice Cream 220

Chocolate Lawa in Vanilla Ice Cream 220